

Telemedicine/Telehealth

December 11, 2012
The Boulevard Brewery
2501 Southwest Blvd. KC Mo
3:30 - 6:00 pm

Join us on December 11 to celebrate our 25th anniversary, ring in the holidays, and network. Registration opens at 3:30, at



which time drinks and food will be available. Cupini's is providing the catering, and beer and wine will be available from the Boulevard Brewery. At 4:30 our speaker will discuss telemedicine/telehealth for one hour of continuing education credit (Kansas and Missouri).

Our speaker will be **Jim Plack**, National Account Sales West for Teledoc. Mr. Plack will discuss telemedicine/telehealth - what it is, how it works, as well as case studies of well-run employer programs.

Jim Plack spent 38 years with Aetna, Inc. in various positions and places in their employee benefits division beginning in 1972. His last Aetna position for fourteen years was National Accounts Sales Vice President, responsible for the Denver, Kansas City, Minneapolis and Omaha markets. Jim has been in his current position of National Accounts Sales West for Teladoc, Inc. for two years.

The registration fees are \$50 for members and \$60 for nonmembers. However, you must be a member to receive the CE credits.

Please use the form on the back page to register.

President's Message

DEAR EBPA MEMBERS,



Happy Holidays to all EBPA members and friends!

On behalf of our entire board we thank you for a great year and all your support! We know you have choices of several organizations and forums in which to network with industry peers and keep up with industry trends. The EBPA membership growth is a direct reflection of our board's focus to deliver quality opportunities for continuing education and your continued support of our mission. Over the past year, I have consistently heard from outside organizations how impressed they are regarding our professional approach and commitment level.

We are looking forward to announcing a few new additions to our board that will continue to solidify the EBPA's position as an attractive organization for insurance professionals. I want to say thanks in advance to those who have served over the years and encourage them to continue their membership and involvement.

I will look forward to seeing you all at our Christmas Party on December 11th which will be held again at Boulevard Brewery. Please make sure and RSVP.

Holiday Cheers to all!

Matt Tritz

EBPA 2012 Board of Directors

President *	Matt Tritz
Vice President *	Judy Wood
Secy/Treasurer *	Kristin Grace
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Seminar Chair	Andie Dowell
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1987-88	Vince Peyton
1989	David J. Kiblen
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1992	Timothy Dorr
1993	Jim Walter
1994	Jan Lyon Jack Lowry
1995	Jim Wolf
1996	Mark Whiting
1997	Bill Brown
1998	Marlene Riley
1999	Robert Mulvaney
2000	Marian Govreau
2001	Dale Johnson
2002	Denise Koch
2003	Bill Egelhoff
2004	Andrew Carter, Jr.
2005	Kevin Bur
2006	Scott Mitchell
2007	Susan Young
2008	Brenda Beachey
2009	Michelle Ohlde
2010	Ramona Farris

* denotes an Executive Committee member

The *EBPA Newsletter* is published quarterly by the Greater Kansas City Employee Benefit Professionals Association, a Non-Profit Organization, P.O. Box 40071, Overland Park, Kansas 66204-0971 (913) 381-4458, fax (913) 381-9308. Newsletter items should be submitted to the editor, Denise Lambert, Saint Luke's Health System, (816) 932-2000, dlambert@saint-lukes.org.

The opinions expressed in the *EBPA Newsletter* are those of the writers and not necessarily those of the Greater Kansas City Employee Benefit Professionals Association.

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ELECTION OF 2013 OFFICERS

At the December meeting, the slate of officers and board members will be introduced and ballots will be available for completion. The slate being proposed is:

President
Judy Woods,
CBIZ Benefit & Insurance

Vice President
Andie Dowell,
Preferred Health Prof.

Secretary/Treasurer
Tracy Johnson,
Welldyne Rx

They will be joined on the board by the following people:

Editor
James Winne,
Tria Health

Seminar Chair
Denise Lambert,
Saint Luke's Health System

Social (Golf) Chair
Lauren Schultz,
Holmes Murphy & Assoc.

Legislative Chair
open

Membership Chair
Amy Angotti,
Kansas City Life Insurance

Bylaws Chair
Kim Ehrlich,
**Wellness Innovations &
Nursing Services**

President Emeritus
Matt Tritz,
Lockton Companies

Mark Your Calendar for These Events

Tuesday
December 11, 2012
3:30 - 6:00 pm

We are returning to the
Boulevard Brewery
One hour of CE will be
available for this event.

Friday,
February 22, 2013

Luncheon Meeting
Doubletree Hotel

May 2013
Annual Golf Tournament

Thursday,
June 20, 2013
Annual Benefits Seminar
Ritz Charles
Meeting Facility



New Year's Resolutions

by Lauren Schultz, Legislative Chair

The holiday season is upon us, and while everyone celebrates this time of year in their own way, the one tradition that millions of Americans from all different backgrounds share is the annual creation of New Year's resolutions. A New Year's resolution is defined as a commitment made to achieving one or more goals, projects or reforming of a habit; and this year many employers will be joining the masses in this post holiday rite.

While every region of the country, industry and individual company has its own set of unique obstacles, there are a few points of consideration at the forefront of every employer's mind going into 2013 requiring a resolution.

One goal that most employers will share before the inception of Health Care Reform in 2014 will be to make a distinction between full time and part time employees – especially those regularly floating around the 30 hours per week benchmark.

... the most employers can do is prepare and motivate their populations to be in the best possible position based on what we know today.

A thorough review of medical plan designs and plan provisions will also be a project that a majority of employers will undertake in 2013. Not only will a review be necessary to ensure compliance with the new 90 day limitation requirement on waiting periods, but it will be beneficial for strategic planning around the proposed 2018 Cadillac Tax as well.

Reforming habits can be one of the most difficult resolutions to fulfill as an individual, and especially as a large group (or employee population). However, there are examples of efforts being made all over the country in the form of wellness programs. Whether the group is new to

the concept and providing support on a voluntary basis only, or advanced in the process and enforcing premium differentials and rigorous participation requirements, the attempt to mitigate continually rising healthcare costs through wellness is apparent across the country.



Given the state of our constantly changing environment it would be impossible to predict exactly what the world of health care and legislative regulation will look like a year from now. Therefore, the most employers can do is prepare and motivate their populations to be in the best possible position based on what we know today.

Continuing Education Credits

For a participant to receive continuing education credit, he/she must be a member of EBPA for 2012.

EBPA Needs You!



If you are interested in serving on a committee or the board, please feel free to give Matt Tritz, president, or Judy Wood, vice president, a call and discuss your interest.

Notice of CEU Procedures

Participants must sign in at the registration desk **AND** submit a completed evaluation form in order to receive CEU credits. Documents will not be accepted by mail. *CEU credit is available to 2012 EBPA members only.*

EBPA DECEMBER 11, 2012 Reservation

Company _____

Name(s) _____

Phone _____ E-mail _____

To pay by credit card: __Mastercard__ Visa__ Amex No. _____

Expiration date: _____ Signature of cardholder _____

Registration fee: Prior to DECEMBER 8: \$50 for members, \$60 for nonmembers, add \$5 after DECEMBER 8
Payment must be received in advance of the meeting.

Cancellations must be received 48 hours in advance of seminar.

EBPA, P.O. Box 40071, Overland Park, KS 66204, 913.381.4458, fax 913.381.9308, ebpa@sbcglobal.net

CANCELLATION POLICY

✓ CANCELLATIONS MUST BE RECEIVED 48 HOURS IN ADVANCE of the meeting. A credit for a future meeting will be provided for any cancellations received within this time frame. No shows that have not been prepaid will be billed. Of course, if you wish to send someone in your place to the meeting, please feel free to do so!

We appreciate your compliance with these policies. If you have any questions, please do not hesitate to call (913) 381-4458 or any of the board members shown on page 2.

Check Your CE Credits

EBPA files all credits for meetings electronically with the states of Kansas and Missouri. You are able to check the credits that have been filed on your behalf by going to:

Kansas:

<http://www.ksinsurance.org/industry/agent/conted.htm>

Missouri:

http://insurance.mo.gov/agents/ce/ce_res.php

You must be a member of EBPA in order to receive the CE credits from a meeting. An evaluation form must be completed and turned in at each meeting, as well as the sign-in sheet completed.